

Hyperpigmentation

Understand dark spots. Care for your skin with intention.

Understanding uneven skin tone



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01 Understand the concern

Hyperpigmentation is darker skin caused by extra melanin. Marks can follow acne, eczema, injury or irritation. Finding and addressing the trigger is the first step. [1](#)

Common triggers [1](#)

- Acne & eczema
- Skin injury
- Irritating products
- Hormonal changes

02 Three care priorities

- 1 Address the trigger**
Choose gentle care and manage the cause of irritation. [1](#)
- 2 Protect every day**
Use broad-spectrum SPF 30+. Tinted sunscreen with iron oxide also helps protect against visible light. [1](#)
- 3 Give it time**
After the trigger stops, some spots take 6–12 months to fade; deeper pigment may take years. Individual results vary. [1](#)

03 Key ingredients

Vitamin C

An option for uneven tone and dark spots. [1](#), [5](#)
Not a substitute for sunscreen.

Glycolic acid

Exfoliates surface skin; strength and formulation matter. [2](#)
May increase sun sensitivity.

Azelaic acid · Retinoids

Other ingredients used for dark spots. [1](#)
These are educational examples, not claims about the products below.

04 Products to Address Hyperpigmentation

Targeted cosmetic care and everyday cleansing. Choose by your skin's needs and follow each product's directions.

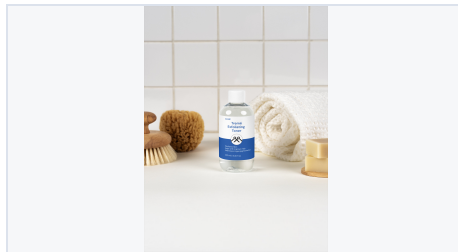


DAILY CLEANSING

[Azurest Purifying Cleanser](#)

Removes everyday impurities with a formula containing aloe and botanical extracts. [3](#)

[View product](#) ↗

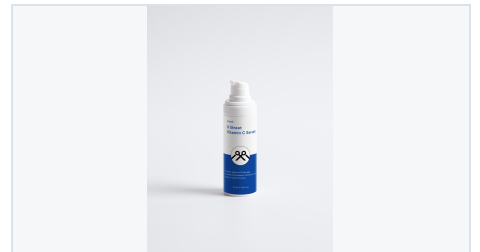


5% GLYCOLIC ACID

[Tremé Exfoliating Toner](#)

Exfoliates surface buildup for smoother-looking skin and a more even-looking tone. [4](#)

[View product](#) ↗



BRIGHTENING CARE

[U Street Vitamin C Serum](#)

Formulated with ascorbyl glucoside and ferulic acid to support a more even-looking tone. [5](#)

[View product](#) ↗

Care with intention. Using Tremé? Start with 1–2 evenings a week. Avoid immediately after shaving and do not layer with retinoids or other exfoliating acids. Follow the label. AHAs can increase sun sensitivity: use sunscreen, protective clothing and limit sun exposure during use and for one week afterward. [4](#), [2](#)

Seek a dermatologist's advice for persistent or unexplained discoloration. This guide provides general education, not a diagnosis or a guaranteed treatment outcome.

Sources & product details

Sources checked 2026-09-13

[American Academy of Dermatology: fading dark spots](#)
[MANĚ: Azurest formula and product details](#)
[MANĚ: U Street formula and product details](#)

[FDA: alpha hydroxy acids](#)
[MANĚ: Tremé formula, directions and cautions](#)