

Porosity

Understand moisture. Care for the cuticle.

Understanding the hair fiber



www.maneapp.com

01 What porosity means

Hair porosity describes how readily water can enter the hair fiber. Its outer cuticle and surface lipids help regulate water interactions. Damage to this protective surface can increase water uptake and leave hair more vulnerable. Think about the condition of your strands, not just a porosity label. [1](#)

What affects the cuticle [1](#), [2](#)

- | | |
|-----------------------------------|--------------------------------|
| Bleaching and chemical processing | Repeated high-heat styling |
| Friction and rough handling | Accumulated environmental wear |

02 Three care priorities

- 1 Condition after cleansing**
Use conditioner after shampooing. Focus on the ends for fine or straight hair; condition the lengths of dry or curly hair. [2](#)
- 2 Reduce styling stress**
Limit hot tools and use low or medium heat with a heat-protectant product. Avoid rubbing hair roughly with a towel. [2](#)
- 3 Detangle with care**
Work from the ends upward with a wide-tooth comb. For thick, curly hair, detangle with conditioner before rinsing. [2](#)

03 Care considerations

Surface protection

Conditioning agents can coat the hair surface, reduce friction and improve softness. [1](#)
Choose for manageability, not a promised porosity cure.

Gentle cleansing

Shampoo the scalp to remove oil and buildup without unnecessarily drying the lengths. [2](#)
Wash according to how dirty or oily your hair becomes.

Hydrolyzed proteins

Protein-based conditioning ingredients may interact with damaged hair; results depend on the formulation. [1](#)
Ingredient research is not proof of a product's clinical results.

04 A MANĚ conditioning option

Optional leave-in care, not a treatment proven to change porosity.



LEAVE-IN CARE

Kingman Keratin Hair Mist Leave-In Spray

A leave-in mist with hydrolyzed keratin, lactic acid and algae extract. The formula also contains fragrance and essential-oil components. [3](#)

[View product](#)

Use as directed. For Kingman, spray onto clean, damp hair, distribute with hands or a comb, and leave in. Follow the current label. Do not assume a leave-in mist is a heat protectant. [3](#), [2](#)

Educational information, not a diagnosis. For hair loss or ongoing hair or scalp concerns, consult a board-certified dermatologist.

Sources & product details

Sources checked 2026-09-13

[Fernandes et al. \(2023\) · Hair structure & conditioning](#)
[MANĚ · Kingman formula & directions](#)

[American Academy of Dermatology · Healthy hair tips](#)